

Welcome to our Lunch Cafe @

Phoenixville Kindergarten Center

March 2017

Monday

Tuesday

Wednesday

Thursday

Friday



Produce of the Month
Spinach



We proudly support clean, organic, local and sustainable agriculture.

6 Hot Dog
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Cucumber Coins
Peas

7 Pizza Bites
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Tomato Salad
Corn

8 Baked Chicken Nuggets
Whole Wheat Dinner Roll
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Cherry Tomatoes
Steamed Green Beans

9 Cheeseburger
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Kidney Beans
Baked Tater Tots

10 Cheese Pizza
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Cucumber Coins
Broccoli

National School Breakfast Week

13 Cheesy Stuffed Breadsticks with Marinara Sauce
Turkey & American Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Broccoli Tips w/ Ranch Dip
Peas

14 Meatball Hero
Turkey & American Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Tomato Salad
Corn

15 Chicken Tenders Plate
Whole Wheat Dinner Roll
Turkey & American Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Baby Carrots
Steamed Green Beans

16 Hot Dog
Turkey & American Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Fresh Cucumber Salad
Vegetarian Baked Beans

17 Cheese Pizza
Turkey & American Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Black Beans
Broccoli

Lucky Fruit Day!

20 Pizza Bites
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Cucumber Coins
Peas

21 Mozzarella Sticks & Marinara Sauce
Whole Wheat Dinner Roll
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Celery Sticks
Carrots

22 Grilled Cheese Sandwich
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Baby Carrots
Steamed Green Beans

23 Cheesy Stuffed Breadsticks with Marinara Sauce
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Kidney Beans
Oven Baked Fries

24 Domino's Pizza
Ham & Cheese Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Steamed Broccoli
Cucumber Spears w/ Ranch Dip

27 Baked Chicken Nuggets
Whole Wheat Dinner Roll
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Tomato Salad
Corn

28 Cheeseburger
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Broccoli Tips w/ Ranch Dip
Steamed Carrots

29 Crispy Chicken Patty Sandwich
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Carroteenies
Steamed Green Beans

30 Sizzling Philly Cheese Steak Sandwich
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Cucumber Coins
Vegetarian Baked Beans

31 Cheese Pizza
Tuna Sandwich
Cheese Sandwich
Sun Butter & Jelly Sandwich
Celery Sticks w/ Ranch Dip
Steamed Broccoli

We purchase locally harvested produce whenever it's seasonally available, but we also take special care to make sure the rest of our produce is flash frozen within hours of harvesting. Flash freezing seals the vitamins and nutrient in, so our produce is loaded with nutritional

goodness. Our partners at Endico use mobile facilities that flash freeze produce right on the farm. Follow our QR code to learn more.



Lunch Prices:
Reimbursable: \$2.60
Reduced: \$.40

Assorted fruits offered daily!

Milk Selection:
Fat Free Chocolate
1% Milk
\$.75

Did you know nutritional information for each item can be found by clicking on the item on the website? Open the menu online, click on the name of the food item you want to look up, nutritional information will appear!

*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.